

Participant Requirements

1. Be coachable
2. Be ready for change
3. Be 100% committed to yourself

Get to Know You

Where are you now?

Where do you want to be?

Identify strengths

Identify obstacles

Determine if we are a good fit together

Commit to your growth

Build Plan

 Emergenetics Profile

Determine key success factors

Identify the stakeholders

Define the goals

Execute Plan

Engage in the process to realise your potential

Work the goals

Meet twice per month

Periodic stakeholder check-ins

Evaluate Progress

Are you living up to your potential?

Has the change become habit?

Are you making positive work and personal life impacts?

Incorporate stakeholder feedback

Follow up support

Conclude or continue

Invest in yourself and work through your strengths!